



## 2017 Flag Football 5 v 5 Penalty Summary

### **Offensive Penalties** (First 5 Cannot be Declined)

Delay of Game (30 Sec) – 5 yards LOS + repeat down

Delay of Pass (7 Sec) – 5 yards LOS + next down

Illegal Running Play – 5 yards LOS + next down

Flag Guarding – 5 yards SOF + next down

Diving or Jumping – 5 yards SOF + next down

Offside – 5 yards LOS + repeat down

Illegal Snap – 5 yards LOS + repeat down

Rusher Interference – 5 yards LOS + LOD

Interference – 5 yards SOF + next down

Player Out of Bounds – 5 yards LOS + repeat down

Illegal Contact – 5 yards LOS + LOD

Pass Interference – 5 yards LOS + LOD

Illegal Forward Pass – 5 yards LOS + LOD

### **Defensive Penalties**

Offside – 5 yards LOS + repeat down

Disconcerting Signals – 5 yards LOS + repeat down

Interference with Player / Ball at Snap – 15 yards LOS + repeat down

Illegal Rushing – 5 yards LOS + repeat down

Pass Interference – 5 yards SOF + AFD

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Illegal Flag Pull – 5 yards SOC + AFD

### **General Penalties** (First 3 cannot be declined)

Major Foul / Unsportsmanlike Conduct – 15 yards from LOS + LOD or AFD + possible ejection

Personal Foul – 15 Yards from LOS + LOD or AFD

Objectionable Conduct – 5 yards from LOS + ejection if 2<sup>nd</sup> in game

Illegal Substitution – 5 yards from LOS + repeat down

Game Interference – 5 yards from LOS + repeat down

Leaving Team Area – 5 yards from LOS + repeat down

### **Notes:**

**Yellow Highlight = Whistle Play Dead**

Penalty can't exceed ½ distance to goal line

Offsetting penalties will result in a repeat of down

On an inadvertent whistle the team affected can keep play or repeat down or if can't determine repeat down

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### **Notes:**

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## 2017 Flag Football 5 v 5 Penalty Summary

### **Offensive Penalties** (First 5 Cannot be Declined)

Delay of Game (30 Sec) – 5 yards LOS + repeat down

Delay of Pass (7 Sec) – 5 yards LOS + next down

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Flag Guarding – 5 yards SOF + next down

Diving or Jumping – 5 yards SOF + next down

Offside – 5 yards LOS + repeat down

Illegal Snap – 5 yards LOS + repeat down

Rusher Interference – 5 yards LOS + LOD

Interference – 5 yards SOF + next down

Player Out of Bounds – 5 yards LOS + repeat down

Illegal Contact – 5 yards LOS + LOD

Pass Interference – 5 yards LOS + LOD

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### **Defensive Penalties**

Offside – 5 yards LOS + repeat down

Disconcerting Signals – 5 yards LOS + repeat down

Interference with Player / Ball at Snap – 15 yards LOS + repeat down

Illegal Rushing – 5 yards LOS + repeat down

Pass Interference – 5 yards SOF + AFD

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### **General Penalties** (First 3 cannot be declined)

Major Foul / Unsportsmanlike Conduct – 15 yards from LOS + LOD or AFD + possible ejection

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Delay of Pass (7 Sec) – 5 yards LOS + next down

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Offside – 5 yards LOS + repeat down

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Offside – 5 yards LOS + repeat down

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Delay of Game (30 Sec) – 5 yards LOS + repeat down

Delay of Pass (7 Sec) – 5 yards LOS + next down

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Delay of Game (30 Sec) – 5 yards LOS + repeat down

Delay of Pass (7 Sec) – 5 yards LOS + next down

Illegal Running Play – 5 yards LOS + next down

Flag Guarding – 5 yards SOF + next down

Diving or Jumping – 5 yards SOF + next down

Offside – 5 yards LOS + repeat down

Illegal Snap – 5 yards LOS + repeat down

Rusher Interference – 5 yards LOS + LOD

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Player Out of Bounds – 5 yards LOS + repeat down

Illegal Contact – 5 yards LOS + LOD

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Offside – 5 yards LOS + repeat down

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Interference with Player / Ball at Snap – 15 yards LOS + repeat down

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Major Foul / Unsportsmanlike Conduct – 15 yards from LOS + LOD or AFD + possible ejection

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Major Foul / Unsportsmanlike Conduct – 15 yards from LOS + LOD or AFD + possible ejection

Personal Foul – 15 Yards from LOS + LOD or AFD

Objectionable Conduct – 5 yards from LOS + ejection if 2<sup>nd</sup> in game

Illegal Substitution – 5 yards from LOS + repeat down

Game Interference – 5 yards from LOS + repeat down

Leaving Team Area – 5 yards from LOS + repeat down

### **Notes:**

**Yellow Highlight = Whistle Play Dead**

Penalty can't exceed ½ distance to goal line

Offsetting penalties will result in a repeat of down

On an inadvertent whistle the team affected can keep play or repeat down or if can't determine repeat down

2 x Objectionable Conducts by same player, coach or spectator in game will result in an ejection



## 2017 Flag Football 5 v 5 Penalty Summary

### **Offensive Penalties** (First 5 Cannot be Declined)

Delay of Game (30 Sec) – 5 yards LOS + repeat down

Delay of Pass (7 Sec) – 5 yards LOS + next down

Illegal Running Play – 5 yards LOS + next down

Flag Guarding – 5 yards SOF + next down

Diving or Jumping – 5 yards SOF + next down

Offside – 5 yards LOS + repeat down

Illegal Snap – 5 yards LOS + repeat down

Rusher Interference – 5 yards LOS + LOD

Interference – 5 yards SOF + next down

Player Out of Bounds – 5 yards LOS + repeat down

Illegal Contact – 5 yards LOS + LOD

Pass Interference – 5 yards LOS + LOD

Illegal Forward Pass – 5 yards LOS + LOD

### **Defensive Penalties**

Offside – 5 yards LOS + repeat down

Disconcerting Signals – 5 yards LOS + repeat down

Interference with Player / Ball at Snap – 15 yards LOS + repeat down

Illegal Rushing – 5 yards LOS + repeat down

Pass Interference – 5 yards SOF + AFD

Illegal Contact – 5 yards SOF + AFD

Illegal Flag Pull – 5 yards SOC + AFD

### **General Penalties** (First 3 cannot be declined)

Major Foul / Unsportsmanlike Conduct – 15 yards from LOS + LOD or AFD + possible ejection

Personal Foul – 15 Yards from LOS + LOD or AFD

Objectionable Conduct – 5 yards from LOS + ejection if 2<sup>nd</sup> in game

Illegal Substitution – 5 yards from LOS + repeat down

Game Interference – 5 yards from LOS + repeat down

Leaving Team Area – 5 yards from LOS + repeat down

### **Notes:**

**Yellow Highlight = Whistle Play Dead**

Penalty can't exceed ½ distance to goal line

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On an inadvertent whistle the team affected can keep play or repeat down or if can't determine repeat down

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